

## MENU

<b>Week 1:</b>	Mon	Tues	Wed	Thu	Fri
<b>Breakfast</b>	milk	milk	milk	milk	milk
	Apple juice	mixed fruit	pears	peaches	orange juice
	Cheerios	muffins	biscuits	omelet	Rice Krispies
<b>Lunch</b>	milk	milk	milk	milk	milk
	Quesadillas	Bosco stick	chicken nuggets	pizza	tuna noodle casserole
	Corn	green beans	carrots	salad	peas
	Bananas	apple slices	oranges	pineapple	peaches
<b>Snack</b>	water	water	milk	apple juice	milk
	apple slices	pretzels	graham crackers	Ritz crackers	mini bagel
	yogurt	cheese stick			

### Week 2:

<b>Breakfast</b>	milk	milk	milk	milk	milk
	Apple juice	peaches	mixed fruit	pears	orange juice
	Life cereal	biscuits	muffins	WG muffins	Kix cereal
<b>Lunch</b>	milk	milk	milk	milk	milk
	burritos	fish sticks	deli sandwich	ravioli	hamburgers
	pears	applesauce	oranges	bananas	pineapple
<b>Snack</b>	water	milk	milk	apple juice	water
	Ritz crackers	animal crackers	bagel	Cheez-its	saltines
	Cheese stick				cheese slice

**Week 3:**

<b>Breakfast</b>	milk	milk	milk	milk	milk
	Apple juice	oranges	applesauce	pears	orange juice
	Cheerios	egg omelet	English muffins	muffins	Kix cereal
<b>Lunch</b>	milk	milk	milk	milk	milk
	Chicken nuggets	marinara pasta	mac & cheese	Bosco stick	deli sandwich
	Peas	green beans	carrots	salad	corn
	Bananas	pears	peaches	oranges	pineapple
<b>Snack</b>	water	water	milk	apple juice	milk
	Pretzels	apple slices	bagel	goldfish	graham crackers
	Cheese stick	yogurt			

**Week 4:**

<b>Breakfast</b>	milk	milk	milk	milk	milk
	Apple juice	mixed fruit	pears	pineapple	orange juice
	Life cereal	muffins	eggs/bread	waffles	Kix cereal
<b>Lunch</b>	milk	milk	milk	milk	milk
	Hamburger	grilled cheese	BBQ chicken	bagel sandwich	chicken & rice
	Baked beans	salad	peas	green beans	carrots
	Bananas	oranges	peaches	pears	pineapple
<b>Snack</b>	milk	apple juice	milk	apple juice	water
	cheese crackers	soft pretzel	animal crackers	goldfish	saltines/cheese

**Week 5:**

<b>Breakfast</b>	milk	milk	milk	milk	milk
	Apple juice	pears	peaches	apple slices	orange juice
	Life cereal	muffins	Kix cereal	muffins	Cheerios
<b>Lunch</b>	mac & cheese	ravioli	deli sandwich	chicken nuggets	pizza
	Green beans	corn	peas	baked beans	carrots
	Oranges	bananas	applesauce	pineapple	pears
<b>Snack</b>	water	apple juice	milk	apple juice	water
	Apple slices	goldfish	graham crackers	soft pretzels	crackers & cheese